

Student Support

Andrea Steele

Student Well-being Officer



My name is Andrea and i am the Health & Wellbeing Officer at Springvale Learning.

I am here to support learners through counselling , mentoring and life Coaching. Students can make an appointment with me or can be referred to me by their tutors, caregivers, and management to improve the overall wellbeing and mental health of our Learners during their Skills for Life and Work Journey.

I have over 25 Years in Management and Retrained & Qualified as an Integrative Counsellor and have been counselling and mentoring for the past 4 years .

“ As an Integrative Counsellor I incorporate techniques, tools and strategies from different modalities to tailor an individual approach for clients within a trusting non-judgemental therapeutic relationship. My aim is to enable clients to develop self-awareness and understanding of their issues to live a happier more fulfilled life.

I have gained extensive experience working with a variety of issues including anxiety, stress management, panic disorders, depression, bereavement, gender dysphoria , self-esteem issues, attachment disorders, childhood trauma and relationship difficulties.

I work with all age groups, and it is my fundamental wish that I can provide a safe place for my clients to reach their full potential”.

“Its not about expecting hoping and wishing. Its about doing, being & becoming.”