

Life Skills

Our Life Skills class is about giving you skills you need in life, not just in employment but in every day life.



There are 2 qualifications you will achieve in your Life Skills class:



Level 1 Certificate in Personal Success and Well-being

This includes giving you the skills to help look after your mental and physical health, manage stress, manage your finances and other aspects of your life.



Level 1 Certificate in Employability skills

This includes giving you the skills to apply for jobs, to gain employment and to grow within your career.