

# Level 2 Diploma in Health and Social Care



Established in 1992, the Springvale Group is one of Northern Ireland's Leading providers of quality employment and learning services, delivering training and employment programmes to young people and adults throughout Northern Ireland.

## **Our Vision is to enhance lives through quality employment and learning Solutions**

We have a solid reputation for providing services of the highest quality and continue to innovate to meet the needs of our learners, jobseekers, employers and partners.

As an organisation, we are fully committed to further developing our strategic partnerships and securing employer relationships across business and industry sectors to deliver increased employment opportunities and meet the demand for skills and training in accordance with the current Success Through Skills Strategy.

Located on the Springfield Road in Belfast, we support a diverse range of learners and jobseekers to break down barriers and reach their goals, whether that is to gain a vocational qualification or find a job. We bring together the experience and expertise of a team that have been delivering employment related services and skills provision for over 30 years.

## **We are a contracted training provider for ApprenticeshipsNI.**

Apprenticeships NI is a work-based programme designed around the needs of employers that offers recognised training and qualifications to new and existing employees. The programme offers a wide range of apprenticeships at Level 2 and Level 3. Your employees have to be employed for a minimum of 21 contracted hours a week to qualify.

The qualifications have been developed in liaison with industry representatives and are therefore tailored to ensure they meet the needs of your industry. For apprentices aged 16-24 the full costs of the directed (off-the-job) training element of the apprenticeship are funded by the European Social Fund (ESF) Programme 2014-2020 and the Department for the Economy (DfE).

# Apprenticeship Framework

**Each framework includes the following basic elements:**

- Induction and modules covering Employee Rights & Responsibilities (ERR).
- A competence based component at Level 2 or Level 3.
- Learners who do not currently have Literacy, Numeracy and ICT can complete FREE Essential Skills with regard to Application of Number, Communication and ICT.
- A knowledge-based component where appropriate to the Apprenticeship framework in question (these qualifications cover the technical theory relevant to the occupation and knowledge of the industry and market).
- Apprentices receive the minimum national wage (This does not apply to all Apprenticeships).
- All Apprentices have 130 weeks to complete their qualification but can be completed earlier.
- The training will take place at work, remotely online and some parts will take place in our Training Centre.
- An Employer Incentive Payment is available to employers when their Apprentice completes their Level 2 or Level 3 Apprenticeship framework.

## Benefits of taking on an Apprentice

- On achievement of the full Apprenticeship framework an Employer Incentive will be paid £500 for all qualifications for under 25's.
- Upskill existing or new staff.
- Improved productivity and better quality of product or service.
- Employees develop skills and knowledge directly relevant to their jobs.
- Investing in staff training improves retention & increases staff morale.
- Harness fresh new talent who may be future managers/leaders.
- No cost to employer & training takes place remotely online or at work.

# Apprenticeship Plan

## Planning Meeting

The Vocational Tutor, Apprentice and Manager will tailor and agree a Personal Training Plan for your Apprentices journey. This will include skills, knowledge and behaviour, which will include any prior learning from their job or any Essential skills requirements. The plan will be tailored to suit both your Apprentices needs and that of your organisation.



## The Training Programme

The Vocational Tutor will visit your workplace to conduct the training every 2 - 3 weeks to deliver the course and will also do the assessments. If your Apprentice is completing their Essential Skills, the Essential Skills Tutor will visit your Apprentice on alternate weeks from the Vocational Tutor visits.



## 8 Weekly Progress Reviews

The Vocational Tutor will visit your Apprentice in their place of work every 8 weeks to do a progress review with the Apprentice and their Manager. This is an opportunity to assess the progress of your Apprentices training, future learning and assessment planned.



# Responsibilities relating to your Apprenticeship

## Apprentice Responsibility



- Attend all training and appointments made with the Tutor or provide adequate notice should an appointment need to be cancelled.
- Co-operate with the Tutor in meetings on targets set out in the Personal Training Plan.

## Vocational Tutor`s Responsibility



- Plan workplace training and learning activities.
- Provide appropriate training sessions to support the skills your Apprentice is developing in the workplace.
- Keep both the Apprentice and their Manager fully engaged in regular 8 weekly progress reviews.

## Employer Responsibility



- To support unit selection for PTP development, organise tutor visits and attend 8 weekly reviews.
- Allow your Apprentice to attend training sessions at agreed times.
- Develop the Apprentices knowledge, skills and behaviours by providing a wide range of learning & training opportunities in the workplace.
- Help your Apprentice to put into practice what they have learnt during their training sessions & give them time to complete required written work.

# Level 2 Diploma in Health and Social Care

The City & Guilds Level 2 Diploma in Health and Social Care (Northern Ireland) is a competence-based qualification specifically designed for learners working or wanting to work in Health and Social Care in Northern Ireland in a range of roles, for example:

- Domiciliary Care Worker
- Care Assistant
- Day Care Worker
- Adult Residential Care Worker
- Family Support Worker

## What does the qualification cover?

It allows learners to learn about health and social care and to develop and refine practical and technical skills required for employment and/or career progression in the health and social care sector.

## What opportunities for progression are there?

Learners may progress within employment and, provided they are in an appropriate role, on to the following City & Guilds qualifications:

- 3086-03 City & Guilds Level 3 Diploma in Health and Social Care (Northern Ireland)

## Who did we develop the qualification with?

Northern Ireland Social Care Council (NISCC), external stakeholders, other awarding organisations.

To achieve the City & Guilds Level 2 Diploma in Health and Social Care (Northern Ireland) learners must achieve a total of 46 credits. A total of 31 credits to come from the mandatory units and a minimum of 15 credits from the optional units available.

Unit	Unit name	Credit Value	Unit Level
<b>Mandatory</b>			
201	Principles and values	90	13
202	Health and wellbeing	60	9
203	Communication and information sharing	28	4
204	Continuing professional development in the context of Health and Social Care	35	5
<b>Optional</b>			
205	Dementia awareness	7	2
206	The principles of infection prevention and control	30	3
207	Causes and spread of infection	20	2
208	Understand the context of supporting individuals with learning disabilities	35	4

<b>209</b>	<b>Introductory awareness of autistic spectrum conditions</b>	<b>17</b>	<b>2</b>
<b>210</b>	<b>Understand physical disability</b>	<b>19</b>	<b>2</b>
<b>211</b>	<b>Understand the impact of acquired brain injury on individuals</b>	<b>25</b>	<b>3</b>
<b>212</b>	<b>Introductory awareness of sensory loss</b>	<b>16</b>	<b>2</b>
<b>213</b>	<b>Introductory awareness of models of disability</b>	<b>15</b>	<b>2</b>
<b>214</b>	<b>Provide support for mobility</b>	<b>14</b>	<b>2</b>
<b>215</b>	<b>Support participation in learning &amp; development activities</b>	<b>23</b>	<b>3</b>
<b>216</b>	<b>Support independence in the tasks of daily living</b>	<b>33</b>	<b>5</b>
<b>217</b>	<b>Provide support for journeys</b>	<b>17</b>	<b>2</b>
<b>218</b>	<b>Provide support to manage pain and discomfort</b>	<b>15</b>	<b>2</b>
<b>219</b>	<b>Support individuals to access and use information about services &amp; facilities</b>	<b>20</b>	<b>3</b>
<b>220</b>	<b>Support care plan activities</b>	<b>25</b>	<b>2</b>
<b>221</b>	<b>Support individuals to eat and drink</b>	<b>15</b>	<b>2</b>
<b>222</b>	<b>Support individuals to meet personal care needs</b>	<b>16</b>	<b>2</b>
<b>223</b>	<b>Contribute to supporting group care activities</b>	<b>21</b>	<b>3</b>
<b>224</b>	<b>Meet food safety requirements when providing food and drink for individuals</b>	<b>15</b>	<b>2</b>
<b>225</b>	<b>Contribute to supporting individuals in the use of assistive technology</b>	<b>19</b>	<b>3</b>
<b>226</b>	<b>Contribute to the support of individuals with multiple conditions and/or disabilities</b>	<b>25</b>	<b>3</b>
<b>227</b>	<b>Provide active support</b>	<b>27</b>	<b>3</b>
<b>228</b>	<b>Support individuals to maintain personal hygiene</b>	<b>17</b>	<b>2</b>
<b>229</b>	<b>Contribute to supporting individuals with a learning disability to access healthcare</b>	<b>27</b>	<b>3</b>
<b>230</b>	<b>Support individuals to negotiate environments</b>	<b>32</b>	<b>4</b>
<b>231</b>	<b>Undertake agreed pressure area care</b>	<b>30</b>	<b>4</b>
<b>232</b>	<b>Move &amp; position individuals in accordance with care plan</b>	<b>26</b>	<b>4</b>
<b>233</b>	<b>Assist in the administration of medication – NB This unit is barred with unit 309</b>	<b>25</b>	<b>4</b>
<b>305</b>	<b>Understand mental well-being and mental health promotion</b>	<b>20</b>	<b>3</b>
<b>306</b>	<b>Understand mental health problems</b>	<b>14</b>	<b>3</b>
<b>307</b>	<b>Introduction to personalisation in social care</b>	<b>22</b>	<b>3</b>
<b>308</b>	<b>Support individuals to live at home</b>	<b>25</b>	<b>4</b>
<b>309</b>	<b>Support use of medication in social care settings – NB This unit is barred with unit 233</b>	<b>40</b>	<b>5</b>
<b>310</b>	<b>Prepare for and carry out extended feeding techniques</b>	<b>27</b>	<b>4</b>
<b>369</b>	<b>Support individuals at the end of life</b>	<b>53</b>	<b>7</b>

# Level 3 Diploma in Health and Social Care

The City & Guilds Level 3 Diploma in Health and Social Care (Northern Ireland) is a competence-based qualification specifically designed for learners working or wanting to work in Health and Social Care in Northern Ireland in a range of roles, for example:

- Care assistants/support workers/key workers in residential settings, including those undertaking specific healthcare tasks
- Care assistants/support workers/key workers in domiciliary services, including those undertaking specific healthcare tasks
- Care assistants/support workers/key workers in day services
- Support workers in supported living projects
- Community-based care assistants/support workers/key workers, including those working in specialist areas eg dementia, learning disabilities
- Personal assistants employed directly by the individual they support or their families

## What does the qualification cover?

It allows learners to learn about health and social care and to develop and refine practical and technical skills required for employment and/or career progression in the health and social care sector.

## What opportunities for progression are there?

Learners may progress within employment and, provided they are in an appropriate role, on to the following City & Guilds qualifications:

- City & Guilds Level 4 Certificate in Principles of Leadership and Management for Adult Social Care (8806-21)
- City & Guilds Level 4 Diploma in Adult Care (Northern Ireland) (3086-40)
- City & Guilds Level 5 Diploma in Leadership for Health and Social Care Services (Adults' Advanced Practice) Wales & NI (3978-66)
- City & Guilds Level 5 Diploma in Leadership for Health and Social Care Services (Adults' Residential Management) Wales & NI (3978-64)

To achieve the City & Guilds Level 3 Diploma in Health and Social Care (Northern Ireland) learners must achieve a total of 58 credits.

- 37 credits must come from the mandatory units
- a minimum of 21 credits must come from the optional units

Unit	Unit name	Credit value	Unit Level
<b>Mandatory</b>			
301	Communication and information sharing	25	5
302	Health and wellbeing	40	7
303	Principles and values	100	15
312	CPD in the context of health and social care	70	10



## Optional

208	Understand the context of supporting individuals with learning disabilities	35	4
217	Provide support for journeys	17	2
218	Provide support to manage pain & discomfort	15	2
231	Undertake agreed pressure care area 30 4		
232	Move and position individuals in accordance with their care plan	26	4
238	Support individuals who are distressed 21 3		
239	Prepare environments and resources for use during healthcare activities	20	3
241	Stroke awareness	28	3
309	Support use of medication in social care settings NB This unit is barred with unit 313	40	5
313	Administer medication to individuals & monitor the effects NB This unit is barred with unit 309	30	5
314	Understand physical disability	22	2
315	Provide support for individuals within a shared lives arrangement	35	4
317	Diabetes awareness	24	3
318	Recognise when substance misuse is indicated and refer individuals to specialists	24	4
319	Support individuals who are substance users	42	7
320	Carry out comprehensive substance misuse assessment	30	5
321	Supply and exchange injecting equipment for individuals	18	3
323	Understand how to provide support when working in end of life care	25	4
324	Work with individuals who have specific communication needs	20	4
325	Promote effective communication with individuals with sensory loss	30	4
326	Undertake physiological measurements	23	3
327	Facilitate person centred assessment, planning, implementation and review	25	3
328	Promote positive behaviour	44	6
329	Support individuals during a period of change	29	4
330	Implement therapeutic group activities	25	4
331	Support individuals to access services & Facilities	25	4
332	Support individuals to manage their finances	20	3
333	Enable individuals to negotiate environments	34	5
334	Work with families to support individuals	27	3
335	Support individuals to live at home	29	4
336	Prepare for and carry out extended feeding techniques	27	4
337	Support individuals with multiple conditions and /or disabilities	25	3

338	Contribute to raising awareness of health issues	26	4
339	Provide support to maintain & develop everyday skills	28	4
340	Facilitate learning and development activities to meet individual needs and preferences	35	5
341	Support individuals in their relationships	27	4
342	Support individuals to access housing and accommodation services	24	4
343	Support individuals to prepare for and settle in to new home environments	23	3
344	Introduction to personalisation in social care	22	3
345	Understand the impact of acquired brain injury on individuals	25	3
346	Support individuals at the end of life	53	7
347	Obtain venous blood samples	24	3
348	Undertake urethral catheterisation processes	28	4
349	Enable individuals with behavioural difficulties to develop strategies to change their behaviour	41	8
350	Understand the process and experience of dementia	22	3
351	Enable rights and choices of individuals with dementia whilst minimising risks	26	4
352	Understand and enable interaction and communication with individuals who have dementia	30	4
353	Equality, diversity & inclusion in dementia care	31	3
354	Principles of supporting individuals with a learning disability regarding sexuality and sexual health	21	3
355	Support individuals with a learning disability to access health care	25	3
356	Understand how to support individuals with autistic spectrum conditions	28	3
357	Understand sensory loss	21	3
358	Understand models of disability	26	3
359	Increase awareness about substances with individuals and groups	42	7
360	Test for substance misuse	30	5
361	Support individuals through detoxification programmed	18	3
362	Understand mental health problems	14	3
363	Support individuals to stay safe from harm or abuse	27	4
364	Support individuals to be part of a community	20	3
365	Understand the factors affecting older people	17	2
366	Promote nutrition & hydration in health & social care	32	4
370	Interact with and support individuals using telecommunications	36	5
420	Support individuals to access education, training or employment	31	4
Optional			
421	Support individuals to access/ manage direct payments	20	4
422	Work with families, carers & individuals in times of crisis	35	5
423	Support individuals in the use of assistive technology	32	4



# homecare

Independent Living

*Here for you*

"I am enjoying doing the course and i am developing in my knowledge to be able to do my job more effectively".

**Seanan Murphy,  
Care Assistant in  
Homecare  
Independent  
Living**

**Sinead Doyle,  
Care Assistant  
in Home  
Independent  
Living**

"I am really enjoying my Level 2 course. I am learning a lot from it and the support from my assessor is brilliant. I like that it is spaced out well and you get plenty of time to get the work completed".

**Rachel Lappin,  
Care Assistant  
in Homecare  
Independent  
Living**

"By completing this course it has given me a better insight into what i want as a career and i hope to go into Nursing".

# springvale

employment & learning



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